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Childcare

*Childcare Financial Assistance*
[Child Care Financial Assistance | Department for Children and Families (vermont.gov)]

*Newport - Ready Set Grow Childcare*
[Ready Set Grow Childcare in Newport VT (neklsvt.org)]
Phone: 802-732-3855

*Newport Daycares*
[THE Top 10 Daycares in Newport, VT | Affordable Prices]

*St. J Daycares*
[THE Top 10 Daycares in Saint Johnsbury, VT | Affordable Prices]

*NEKCA*
Newport – 802-334-7316
St. J – Phone: 802-748-6040
108 Cherry Street, St. Johnsbury, VT
Walk-ins welcome, Mon, Tues, Thurs, Fri 8:30am to 4:00pm & Wednesdays 10am to 4:00pm
Access food and clothing; make a phone call; get housing help (not emergency housing); If available—access a tent, sleeping bag.

Education Services

*NEKLS* – High School Completion, GED, Academic and Job Training
[Adult Education Services in Vermont (neklsvt.org)]
Newport – 802-334-2839
St. J – 802-748-5624

*Post-Secondary Education (PSE) – for Reach Up Participants*
[Post-Secondary Education (PSE) | Department for Children and Families (vermont.gov)]

*North Country Career Center*
[North Country Career Center - Adult Education (ncsvt.org)]
209 Veterans Ave.
Newport, VT 05855
Phone: 802-334-5469
Fax: 802-334-3492

*Community College of Vermont*
[CCV | Community College of Vermont | Lowest Tuition in Vermont]

REV2.8.24
Phone: 800-228-6686

Vermont Student Assistance Corporation – Vermont Grants
Helping Vermont Students Prepare For College | VSAC.org
Phone: 800-642-3177

Employment Services

HireAbility
Vocational Rehabilitation and Employee Assistance
67 Eastern Avenue, Suite 3
St. Johnsbury, VT 05819
Home - HireAbility (hireabilityvt.com)
Newport –802-334-6794
St. J –802- 748-8716

Department of Labor
Find A Local Job Center | Department of Labor (vermont.gov)
1197 Main Street, Suite 1
St. Johnsbury, VT 05819
Newport –802-334-6545
St. J –802-748-3177

Vermont JobLink
Vermont JobLink - Vermont JobLink

NEKLS – Job Training
Adult Education Services in Vermont (neklsvt.org)
Newport –802-334-2839
St. J – 802-748-5624

Family Services

DCF-Economic Services
67 Eastern Ave., Suite 7
St. Johnsbury, VT 05819
1-800-479-6151

Northeast Kingdom Youth Services (NEKYS) - 24/7 Services
https://www.nekys.org/
63 Eastern Avenue
St. Johnsbury, VT 05819
Phone: 802-748-8732
Fax: 802-748-2383

Finances

NEKCA
Newport –802-334-7316
St. J –802-748-6040
108 Cherry Street, St. Johnsbury, VT
Walk-ins welcome, Mon, Tues, Thurs, Fri 8:30am to 4:00pm & Wednesdays 10am to 4:00pm
• Access food and clothing; make a phone call; get housing help (not emergency housing);
If available—access a tent, sleeping bag

Northeast Kingdom Council on Aging (NEKCOA)
Phone: 800-642-5119
https://www.nekcouncil.org/
Email: info@NEKCouncil.org
St. Johnsbury, Newport, Island Pond and Hardwick locations
Deliver quality programs and services to older adults, people with disabilities, and family caregivers.

Food – Also see - NEK Food Access Directory NEKFoodAccessDirectory at this link or at the end of this guide.

3SquaresVT 3SquaresVT | Department for Children and Families (vermont.gov)

Meals on Wheels (60 or older) – NEK Council on Aging 1-800-642-5119

Commodity Supplemental Food Program (60 or older)
CSFP - Vermont Foodbank (vtfoodbank.org)
WIC (for parents with children up to age 5)
WIC Eligibility | Vermont Department of Health (healthvermont.gov)
800-464-4343

NEKCA
Newport – 802-334-7316
St. J – 802-748-6040
108 Cherry Street, St. Johnsbury VT
Walk-ins welcome, Mon, Tues, Thurs, Fri 8:30am to 4:00pm & Wednesdays 10am to 4:00pm
• Access food and clothing; make a phone call; get housing help (not emergency housing);
  If available—access a tent, sleeping bag

Saint Mark’s Episcopal Church Food Pantry
Newport
802-334-7365

Orleans Federated Church
Orleans
802-754-6486

Vermont Foodbank – lists additional food shelves
Vermont Foodbank (vtfoodbank.org)
1-800-585-2265

Northeast Kingdom Council on Aging (NEKCOA)
800-642-5119
https://www.nekcouncil.org/
Email: info@NEKCouncil.org
St. Johnsbury, Newport, Island Pond and Hardwick locations
Deliver quality programs and services to older adults, people with disabilities, and family caregivers.
HIV Testing

*Vermont Cares*
1091 Hospital Drive, Suite 1
St. Johnbury, VT 05819
802-748-9061

Housing Support

*NEKCA*
Newport – 802-334-7316
St. J – 802-748-6040
108 Cherry Street, St. Johnbury VT
Walk-ins welcome, Mon, Tues, Thurs, Fri 8:30am to 4:00pm & Wednesdays 10am to 4:00pm
- Access food and clothing; make a phone call; get housing help (not emergency housing);
If available—access a tent, sleeping bag

*DCF-Economic Services*
1-800-479-6151
Open Mon-Fri 7:45am-4:30pm
For emergency housing assistance.

*Joshua House – Short-term shelter*
Joshuahouse2019@gmail.com
802-323-7113

*Memphremagog Rentals*
https://memphremagogrentals.com/
89 Third St. Newport, VT
802-334-2262 or 802-334-8480
866-334-2262 (toll free)

*NETO* – Free weatherization services for homeowners and for rental unit owners and tenants
NETO, Inc. (vtneto.org)
Derby - Phone: 802-334-7378
St. J - Phone: 802-748-8935

*Rural Edge*
https://ruraledge.org/

REV2.8.24
1222 Main Street
St. Johnsbury, Vermont 05819
Phone: 802-535-3555

*Rural Edge Home Repair Program (income-eligible homeowners)*

*Home Repair Program — Rural Edge*

Vermont State Housing Authority (VSHA)
https://www.vsha.org/
One Prospect Street Montpelier, Vermont 05602
Voice: 802-828-3295
Message Line: 800-820-5119

**Insurance**

*DCF-Economic Services*
1-800-479-6151

*Northeast Kingdom Council on Aging (NEKCOA)*
Phone: 800-642-5119
https://www.nekcouncil.org/
Email: info@NEKCouncil.org
St. Johnsbury, Newport, Island Pond and Hardwick locations
Deliver quality programs and services to older adults,
people with disabilities, and family caregivers.

*Community Connections*
https://nvrh.org/community-connections/
Phone: (800)642-5119, Mon-Fri 8:30am-4:30pm
1315 Hospital Drive
St. Johnsbury, Vermont 05819
Connect with services, resources, transportation, and other supports
• Understand and complete forms and applications for services

**Legal/Justice Services**

*Community Restorative Justice Center*
576 Railroad Street, Suite 2
St. Johnsbury, VT 05819
Phone: (802) 748-2977
Website: https://communityrjc.org/
Walk-ins welcome, Mon-Fri 8:30am to 4:30pm
Warm up; use the bathroom; get water or coffee; make phone calls; access post-release supports

Medical Care

North Country Hospital (NCH)
https://NorthCountryHospital.org

Northeastern Vermont Regional Hospital (NVRH)
https://nvrh.org

Northern Counties Health Care (NCHC)

Community Connections
https://nvrh.org/community-connections/
Phone: (800)642-5119, Mon-Fri 8:30am-4:30pm
1315 Hospital Drive
St. Johnsbury, Vermont 05819
Connect with services, resources, transportation, and other supports
• Understand and complete forms and applications for services

University of Vermont Medical Center (UVM)
https://www.uvmhealth.org/medcenter
111 Colchester Avenue
Burlington, Vermont 05401
802-847-0000

Advance Directives:
www.vtethicsnetwork.org

Mental Health

Vermont Department of Mental Health
Commissioner Emily Hawes
280 State Drive, NOB 2 North
Waterbury, VT 05671-2010
Phone: (802) 241-0090
Fax: (802) 241-0100

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Personal Safety

_Umbrella the Advocacy Program_
_Umbrella | NEK Vermont (umbrellanek.org)_
Phone – 802-748-1992
24-Hour Hotline
Newport – Phone: 802-334-0148
St. J – Phone: 802-748-8645
Offers crisis services, emergency shelter, community education, and access to early childcare for those affected by domestic and sexual violence and stalking.
• Diaper bank location

_AWARE Domestic and Sexual Violence Services_ (Hardwick, Craftsbury, Greensboro area)
_AWARE Domestic & Sexual Violence Services (awarevt.org)_
Confidential 24/7 Hotline – Phone: 802-472-6463

_Orleans County Special Investigations Unit_
_Orleans County Child Advocacy Center/Special Investigations Unit (occacvt.org)_
Phone: 802-334-6002

_Domestic Violence Helpline_
Phone: 1-800-228-7395

_Sexual Violence Helpline_
Phone: 1-800-489-7237

_Teen Dating Abuse Helpline_
Phone: 1-866-331-9474

_Pride Center VT – Safe Space Anti-Violence Program_
_Pride Center VT – Safe Space Anti-Violence Program (pridecentervt.org)_
Phone: 802-860-7812

_Northeast Kingdom Council on Aging (NEKCOA)_
Phone: 800-642-5119
St. Johnsbury, Newport, Island Pond and Hardwick locations
Deliver quality programs and services to older adults,
people with disabilities, and family caregivers.

Social Recreational Activities

St. Johnsbury Community HUB
Direct Line to Juliet 802-535-1985
HUB Phone Number 802-424-1134
Email: stjcommunityhub@gmail.com
Mon 9:30am-4:30pm, Thurs 1-5pm & Fri-day 11am-3pm
Connecting people with local resources.
Everybody Eats site

Substance and Alcohol

BAART St. Johnsbury
1097 Hospital Drive
St. Johnsbury, VT 05819
802-748-6166

BAART Newport
475 Union Street
Newport, VT 05855
802-334-0110

Alcoholics Anonymous-Statewide
Toll-Free: 800-253-0191
TTY: 800-253-0195

Narcotics Anonymous
24hr Helpline 802-773-5575
www.gmana.org

Kingdom Recovery Center
297 Summer Street
NKHS Community Resource Guide

St. Johnsbury, VT 05819
802-751-8520
Open Mon., Wed., Fri. 10 am to 4 pm
• Welcomes all recovering people and families, whether in or seeking recovery from the effects of addictions.
• Connects people to appropriate community resources.

Journey to Recovery Community Center
212 Prouty Drive
Newport, VT 05855
802-624-4156

SaVida
802-487-0781 Newport
802-357-5549 St. Johnsbury

AA-NA Newport/St. Johnsbury
Toll-Free: 877-334-1213
Local: 802-334-1213
www.aavt.org

Al-Anon/Alateen
877-825-2666 or 800-334-2666
www.al-anon.alateen.org
Phone Meetings: 1-888-425-2666

Tobacco Cessation

Community Connections
https://nvrh.org/community-connections/
Phone: (800)642-5119, Mon-Fri 8:30am-4:30pm
1315 Hospital Drive
St. Johnsbury, Vermont 05819
Connect with services, resources, transportation, and other supports
• Understand and complete forms and applications for services

802 QUILTS
802 QUILTS
YOU CAN QUIT.
WE CAN HELP.
VERMONT DEPARTMENT OF HEALTH
1-800-QUIT-NOW (784-8669) 802Quits.org
www.802quits.org

(800) 784-8669

Your chances of quitting are much better when you have a customized quit plan. Start now. Positive, supportive help. Free and confidential. Call, enroll online, text and more. You can quit. Help is here. 1-800-QUIT-NOW. Free support. Types: By phone, in person, online.

Transportation

**RCT (Rural Community Transportation)**

Home — Rural Community Transportation (riderct.org)
Phone: 802-748-8170

**Community Connections**

https://nvrh.org/community-connections/
Phone: (800)642-5119, Mon-Fri 8:30am-4:30pm
1315 Hospital Drive
St. Johnsbury, Vermont 05819
Connect with services, resources, transportation, and other supports
• Understand and complete forms and applications for services

Utilities

**NEKCA – Emergency Utility Assistance**
Newport – Phone: 802-334-7316
St. J – Phone: 802-748-6040
108 Cherry Street, St. Johnsbury VT
Walk-ins welcome, Mon, Tues, Thurs, Fri 8:30am to 4:00pm & Wednesdays 10am to 4:00pm
• Access food and clothing; make a phone call; get housing help (not emergency housing);
If available—access a tent, sleeping bag

**Joshua House** – sometimes assists with emergency Utility payments

Joshua House Inc. NEK - Home (joshuahousenek.com)
Phone: 802-323-3848
Seasonal Fuel Assistance – Economic Service
Fuel Assistance | Department for Children and Families (vermont.gov)
Phone: 1-800-479-6151

Additional Resources

- Vermont Department of Disabilities, Aging & Independent Living:
  www.mentalhealth.vermont.gov

- Vermont Center for Independent Living
  http://www.vcil.org

- Vermont 2-1-1 Resource Directory Looking for additional resources?
  Dial 2-1-1 or go to https://vermont211.org/
**NKHS Community Resource Guide**

**Food Access Directory**

## Directory by County

### Caledonia

**Groton**
- **Groton Food Shelf**
  - 1476 Scott Hwy., (802)584-3276
  - Appointments scheduled during Town Clerk Office Hours: Monday - Thursday 8:30a.m. - 3p.m. Call ahead to arrange pickup.
- **Groton Free Public Library**
  - 1304 Scott Hwy., (802)584-3358
  - Fresh Vegetables available for pickup on library front porch 24/7, Restocked Mon, Wed, Fri & Sat.
- **Groton Lunches with Friends (GLWF)**
  - Groton Methodist Church
  - 1397 Scott Hwy., (802)584-3251
  - Thursdays 12p.m.
  - Pickup and delivery available.

**Hardwick**
- **Hardwick Area Food Pantry**
  - 36 West Church St., (802)472-5940
  - Monday 12p.m. - 2p.m.
  - Thursday & Saturday 9a.m. - 11a.m.
  - Delivery available - call to schedule.

**Lyndonville**
- **Darling Inn Senior Meals**
  - 76 Depot St., (802)626-8700
  - Available Monday-Friday 11am - 12:30p.m.
  - Call to order meals for pickup.

**Gilman**
- **Gilman Senior Center**
  - (802)892-5284 / (802)424-5433
  - Tuesdays & Thursdays. Please call ahead.

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*24/7 Self Pickup*  |  *Community Garden*  |  *Food Shelf*  |  *Community Delivery*  |  *Community Meals*  |  *Senior Meals*
CALEDONIA

**Lyndon Area Emergency Food Shelf**
St. Peters Mission, 51 Elm St., (802)626-5705
Wednesday 10a.m. - 2p.m.

**SAINT JOHNSBURY**
Grace United Methodist Church
36 Central St., (802)748-2895
Monday, 11a.m. - 12:15p.m.

**NEK Neighbors Helping Neighbors Food Shelf**
125 Mountain View Dr.
Mountain View Apartments, Community Room
4th Saturday 11a.m. - 12:30p.m.

**St. John the Evangelist Community Supper**
49 Winter St., (802)467-3019
Next to last Tuesday of each month, 5p.m

**Universalist Unitarian Church**
47 Cherry St., (802)748-2442
Take-out only, Saturday 11a.m. - 12:15p.m.

**Kingdom Community Services**
Food Shelf
36 Steeple Place, (802)751-8581
Tuesday & Thursday 12p.m. - 3:45p.m.

**Mustard Seed Soup Kitchen**
178 Eastern Ave., (802)748-9870
11a.m. - 1p.m., doors open by 8a.m.
Dine-in and take-out available.

**NEKCA St. Johnsbury**
115 Lincoln St., (802)748-6040
Monday, Tuesday, Thursday, Friday 8:30a.m. - 4p.m.
Wednesday 10a.m. - 4p.m.

CALEDONIA

**Pleasant Street Baptist Church**
193 Pleasant St. (802)748-9029
Stop in before or after 11a.m.
Sunday Worship Service.

**St. Johnsbury Academy at South Church**
1052 Main St.
*ONLY WHEN SCHOOL IS IN SESSION*
Friday 11a.m.

**St Johnsbury House**
1207 Main St., (802)748-5467
Monday - Friday 10a.m. - 12p.m.
Home delivered meals, pick-up/take-out.

**SHEFFIELD**
Sheffield Food Pantry
Sheffield Town Hall, 3210 VT Rte 122
(802)397-2263
2nd Wednesday 11:30a.m. - 2:30p.m.
Open to all living within a 20 mile radius of Sheffield, except for those who have a food shelf in their own town.

**SOUTH RYEVEAT**
South Ryegate Senior Meals ★
South Ryegate Presbyterian Church
(802)584-3727 - after 8:30a.m.
Tuesday, 12p.m., doors open at 11:30a.m.
Call by 10:30a.m. for take-out. Available at 12p.m.

**WEST BURKE**
Little Free Food Pantry - Sunshine Box
Universalist/West Burke Library Building
West Burke Green

**West Burke Senior Meal Site** ★
Community 212 School St., (802)467-3423
Call to Order.
Deliveries made to homebound persons

- 24/7 Self Pickup
- Community Garden
- Food Shelf
- Community Delivery
- Community Meals
- Senior Meals

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NKHS Community Resource Guide

ESSEX

**CANAAN**
NEKKA Canaan
253 Gale St., (802)266-7134
Tuesday 8a.m. - 12p.m.
Wednesday 2p.m. - 6p.m.,
Thursday 1p.m. - 5p.m.

**CONCORD**
Sid’s Pantry
Concord School, Dickson Gym Maker Space
173 School St., 3rd Saturday, 10:00am - 12:00pm
& the following Thursday, 4:00pm - 6:00pm

**ISLAND POND**
Green Mountain Bible Church
567 Route 105 West (802)723-6143
Thursday 10a.m. - 4p.m.,
Second Monday 4:30p.m. - 6:30p.m.
Priority to Seniors and individuals with disabilities.

Island Pond Community Services
Sunrise Manor, 94 Main St., (802)723-6130
Monday, Tuesday & Friday, 12pm

Island Pond Food Shelf
First Congregational Church of Brighton
21 Middle St., (802)723-5037
Monday-Wednesday 5p.m. - 6:30p.m.
Appointment and proof of residence required.

NEKKA Island Pond
49 Mill St., Suite 202 (802)723-5276
Tuesday 12p.m. - 4p.m., Thursday 8a.m. - 12p.m.

ORLEANS

**ALBANY**
Albany Neighbors’ Food Share
Albany Town Hall
830 Main St., (802)323-1517
Saturday 2p.m. - 4p.m.
Delivery available to Albany and Irasburg

**BARTON**
Barton Area Senior Services Inc.
19 Village Sq., on Rte 16 side, downstairs
(802)525-6565 (24 hours in advance)
(802)673-8125 (on delivery day)
Tuesday & Thursday 8:30a.m. - 3p.m.

Barton Community Giving Garden
Barton Library Yard, 100 Church St.,
‘Help-Yourself’ table Wednesdays 11a.m. - 1p.m.,
in front of the library

Barton United Church
Lake Region Parish Food Shelf
15 Glover Rd., (802)525-3607
Call for appointment. Providing emergency food resources in the form of pre-boxed goods
and/or grocery cards for the purchase of perishable goods from the local grocer.

**CRAFTSBURY COMMON**
Craftsbury Food Share
UCC-Church on the Common, 7 Church Lane
(802)586-0191
Thursday 12p.m. - 3p.m.

**DERBY LINE**
Derby Line Giving Pantry
Derby Line Universalist Church, 112 Main St.
24/7 Self Serve Food Access

WASHINGTON

**CABOT**
Faith in Action NEK
3339 Main St., (802)563-3322

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# NKHS Community Resource Guide

## Orleans

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<thead>
<tr>
<th><strong>GLOVER</strong></th>
<th><strong>WESTFIELD</strong></th>
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<tbody>
<tr>
<td><strong>Glover Senior Center</strong></td>
<td><strong>Westfield Senior Meal Site</strong></td>
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<tr>
<td>3018 Glover St., VT Route 16, (802)525-1000</td>
<td>59 North Hill Rd.</td>
</tr>
<tr>
<td>Order by 9a.m., Pickup 10:30a.m. - 2p.m.</td>
<td>Thursday, 9:00am - 3:00pm.</td>
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<tr>
<td><strong>GREENSBORO</strong></td>
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<tr>
<td><strong>Greensboro Little Food Pantry</strong></td>
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<tr>
<td>165 Wilson St., (802)533-2223</td>
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<tr>
<td><strong>Greensboro Giving Garden</strong></td>
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<td>Call or Text (802)624-0406</td>
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<tr>
<td><strong>JAY</strong></td>
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<tr>
<td><strong>Jay Food Shelf</strong></td>
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<tr>
<td>1036 Rte. 242, (802)848-3133</td>
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<tr>
<td>Thursday 9a.m. - 12p.m.</td>
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<tr>
<td>May be used once per month, or on an emergency basis</td>
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<tr>
<td><strong>NEWPORT</strong></td>
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<tr>
<td><strong>NEKCA Newport</strong></td>
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<tr>
<td>70 Main St., (802)334-7316x223</td>
<td></td>
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<tr>
<td>Monday, Tuesday, Thursday, Friday</td>
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<td>12p.m. - 3p.m.</td>
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<td>Closed on the First Thursday</td>
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<tr>
<td><strong>Saint Mark’s Episcopal Church</strong></td>
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<tr>
<td>44 Second St., (802)334-7365</td>
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<tr>
<td>Monday 11:30a.m. - 12:30p.m.</td>
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<tr>
<td><strong>United Church of Newport</strong></td>
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<tr>
<td>63 Third St., (802)334-6033</td>
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<tr>
<td>Open Tuesday &amp; Wednesday after the first Thursday from 10a.m. - Noon</td>
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<tr>
<td><strong>ORLEANS</strong></td>
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<tr>
<td><strong>Orleans Community Food Shelf</strong></td>
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<tr>
<td>Orleans Federated Church, 24 School St.</td>
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<tr>
<td>(802)754-6486</td>
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<tr>
<td>Monday 8:30a.m. - 10:30a.m.</td>
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</tbody>
</table>

- 24/7 Self Pickup
- Community Garden
- Food Shelf
- Community Delivery
- Community Meals
- Senior Meals

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