

KEEPSAFE CONNECTIONS FOR THE NORTHEAST KINGDOM, VERMONT

- ❖ 988 Suicide and Crisis Lifeline – dial 988 – call, text, or chat
<https://988lifeline.org/>
- ❖ Crisis Text Line: text VT to 741741
- ❖ Vets4Warriors 24/7 Peer Support line 855-838-8255
<https://www.vets4warriors.com/>
- ❖ Veterans Crisis Line 988, then PRESS 1 or text to 838255
<https://www.veteranscrisisline.net/>
- ❖ QPR Institute 988
<https://qprinstitute.com/>
- ❖ NAMI VT <https://namivt.org/crisis-resources/>
- ❖ The Trevor Project Crisis Hotline 866-4-U-TREVOR (488-7386)
Specifically for Lesbian, Gay, Bisexual and Transgender youth and young adults.
- ❖ Trans Lifeline's Peer Support Hotline – 1-877-565-8860 (US) or 1-877-330-6366 (Canada)
Link: <https://www.translifeline.org/hotline>
- ❖ Craftsbury Mental Health Resource Group
www.nevtsuicide.com
- ❖ NKHS Front Porch Mental Health Urgent Care – 1-802-624-4016,
235 Lakemont Road, Newport, VT
- ❖ NKHS 24/7 Emergency Program North – 1-802-334-6744
- ❖ NKHS 24/7 Emergency Program South – 1-802-748-3181
- ❖ Northeastern Vermont Regional Hospital (NVRH) Community Health
Resource Center – 802-748-7501 Monday-Friday 8am – 4:30pm
<https://nvrh.org/community-health-resource-center/>
- ❖ **If you suspect an attempt is imminent, an attempt is in progress, or you are in danger, do not hesitate to call 9-1-1**

Call 2-1-1 or check <https://www.vermont211.org/> for local mental health providers and other supports.

DESIGNATED CRISIS NUMBERS BY COUNTY

Addison- Counseling Service of Addison County 802-388-7641

Bennington- United Counseling Service 802-442-5491

Caledonia- Northeast Kingdom Human Services 802-748-3181 or 800-649-0118

Chittenden- Crisis Services of Chittenden County 802-488-6400

Chittenden- 1st Call (for children's crises) 802-488-7777

Essex- Northeast Kingdom Human Services 802-334-6744

Franklin- Northwest Counseling Service 802-524-6554

Grand Isle- Northwest Counseling Service 802-524-6554

Lamoille- Lamoille County Mental Health 802-888-5026 / after hours: 802-888-8888

Orange- Clara Martin Center 800-639-6360

Orleans- Northeast Kingdom Human Services 802-334-6744 or 800-696-4979

Rutland- Area Counseling Services 802-775-1000

Rutland- Area Counseling Services for Children's Crisis 802-773-4225

Washington- Washington County Mental Health 802-229-0591

Windham- Health Care and Rehab Services 800-622-4235

Windsor- Health Care and Rehab Services 800-622-4235

Guardianship Services Emergency 800-642-3100

Veterans Crisis 988 Option #1

Veterans Administration: Primary Mental Health, White River Jct., VT. 802-295-9363 x5760

Text VT to 741741 for free 24/7 support from a trained crisis counselor

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